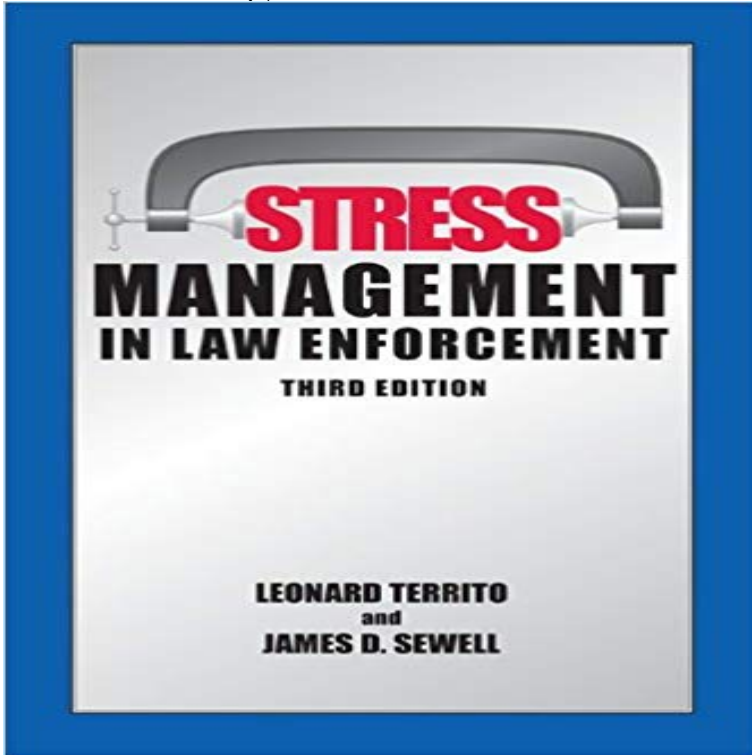


Stress Management in Law Enforcement, Third Edition



The revised third edition of *Stress Management in Law Enforcement* by Dr. Leonard Territo and Dr. James Sewell is once again a carefully selected collection of the leading articles on stress and its consequences for police personnel. A brief summary precedes each section to assist the reader in readily identifying articles, which might be of particular interest. Each article contains end-of-chapter discussion questions which are answered in detail in the instructors manual, which also contains over 270 multiple choice questions and a list of recommended audio visual material on the topic of police stress. The sections are also accompanied by a glossary of terms and a list of additional recommended readings. This book will specifically interest the criminal justice academic community as an adjunctive resource in police management courses or as the primary text in upper division seminars on the topic of police stress management. This book will also be of considerable interest to police administrators and officers who must deal on a daily basis with the negative side effects of stress. *Stress Management in Law Enforcement* is relevant for police administrators as well as police psychologists, psychiatrists, counselors, social workers, and other mental health professionals who are called upon to provide guidance and assistance to police officers.

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