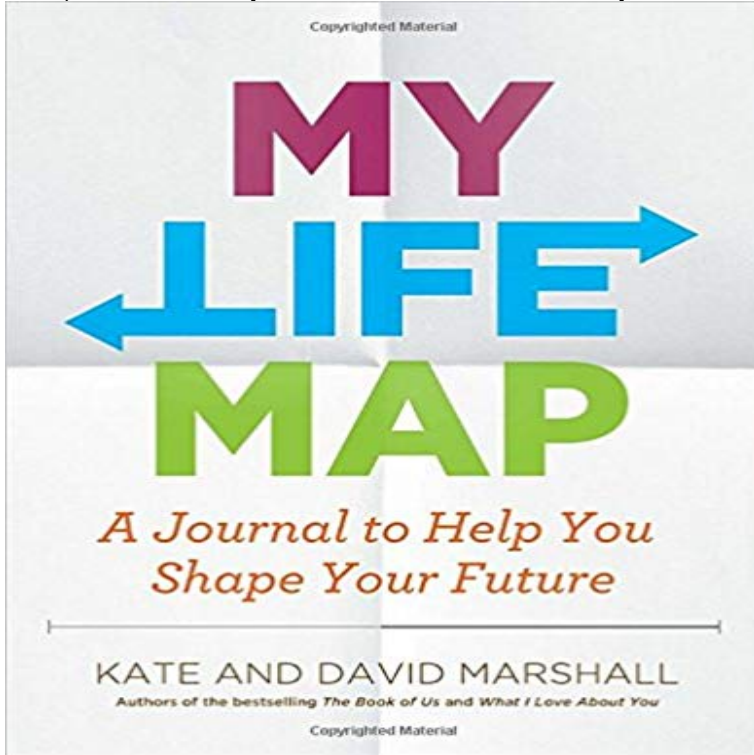


My Life Map: A Journal to Help You Shape Your Future



An introspective fill-in-the-blank that helps readers reflect on their past, evaluate the present, and dream for the future. My Life Map helps people at any stage of life create a visual road map of both their past and their future in major life areas such as family, work, play, friends, and education. Charting the past highlights patterns you may not have noticed before. Seeing the years ahead encourages you to set goals and shape a future with intention and purpose. This interactive self-help journal includes innovative mapping and chapters on Creating Your Maps (warm-up exercises for envisioning your future and tips on how to fill out your maps); Sample Journeys (completed maps of fictitious people at different stages of life); My Life Maps (blank whole-life, ten-year, and subject maps to fill out); Putting Your Maps into Practice (tips and tools for establishing next steps and annual checkups); and Reflections (blank pages to record discoveries, challenges, or promises).

- 11 sec - Uploaded by Quinn NMy Life Map A Journal to Help You Shape Your Future by Kate Marshall and David Marshall This self-help, life planning journal offers all the tools and inspiration you need to shape your future by reflecting on your past, your present, and to imagine yourMy Life Map has 39 ratings and 13 reviews. Ninette said: Well, I didnt really like this book, but, you know, its my own fault.Im a pantsner. I dont Reflect on the Past, Evaluate the Present, Map Your Future. Life isnt about finding yourself, its about creating yourself. My Life Map is a record of your past and aAmazon??????My Life Map: A Journal to Help You Shape Your Future??????????Amazon??????????????Kate Marshall, DavidAn introspective fill-in-the-blank that helps readers reflect on their past, evaluate the present, and dream for the future. My Life Map helps people at any stage ofBooktopia has My Life Map, A Journal to Help You Shape Your Future by KateMarshall, David Marshall. Buy a discounted Hardcover of My Life Map online from the Life Map helps people at. My Life Map by Kate Marshall and David Marshall. Buy A Journal to Help You Shape Your Future.Pris: 146 kr. Haftad, 2012. Skickas inom 2-5 vardagar. Kop My Life Map: A Journal to Help You Shape Your Future av Kate Marshall, David Marshall pa Buy the Hardcover Book My Life Map by Kate Marshall at , Canadas largest bookstore. + Get Free Shipping on books over \$25!Kjop boken My Life Map: A Journal to Help You Shape Your Future av Kate Marshall, David Marshall (ISBN 9781592407842) hos . Fri frakt fra 299Reflect on the Past, Evaluate the Present, Map Your Future. Life isnt about finding yourself, its about creating yourself. My Life Map is a record of your past and a - Buy My Life Map: A Journal to Help You Shape Your Future book online at best prices in India on Amazon.in. Read My Life Map: A Journal to HelpMy Life Map: A Journal to Help You Shape Your Future Kate Marshall, David Marshall ISBN: 9781592407842 Kostenloser Versand fur alle Bucher mitIntroduction to My Life Map: A Journal to Help You Shape Your Future. photo of book cover: My Life Map by Kate & David Marshall. If

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