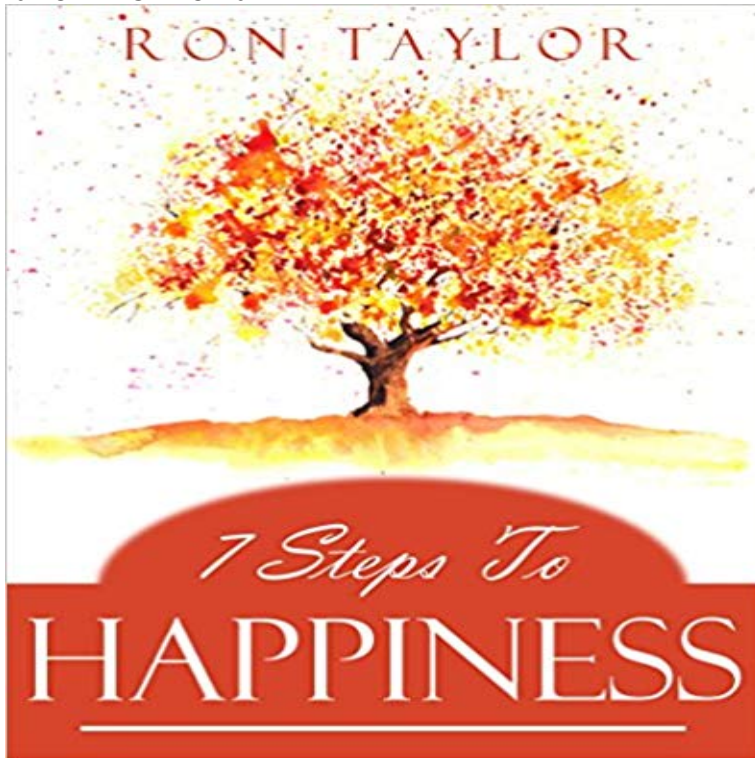


# 7 Steps to Happiness: A Guide to Spiritual Enlightenment and Living in the Moment



The Pursuit of Happiness: A Parable of Life Based on the Stoic Philosophy of Seneca is the story of a young man in trouble. As he stands on the edge of a precipice a sage lends a calming voice to his inner turmoil. Together, they study the stoic philosophy of Seneca, and as the young man masters the stoic lifestyle, he finds happiness and fulfillment. Jack London once wrote, The proper function of man is to live, not to exist. It is with this spirit that I invite you to start a journey of self-discovery, and in the process learn the art of finding happiness and direction in your life. Take a bold new look at your life. Click the book cover above to see whats inside, The Stoic Philosophy of Seneca: A Parable of Life and the Pursuit of Happiness.

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